

The Jersey Shore Association for Human **Resources is a SHRM affiliated chapter**

SOCIETY FOR HUMAN **RESOURCE MANAGEMENT**

Date: Thursday, June 11, 2015 7:45 AM Networking and Breakfast; 9:00 AM - 10:00 AM Program, **Jumping Brook Country Club** 210 Jumping Brook Rd, Neptune NJ (www.jumpingbrookcc.com)

AFFILIATE

RSVP by 4:00 PM on Friday, June 5, 2015 online at http://jsahr.shrm.org/events or e-mail at jsahr.shrm@gmail.com or call JSAHR voice mail (732) 270-5204

Registration Fee including breakfast \$30 for JSAHR members. \$40 for non-members. \$25 for In-Transition & JSAHR Guests \$10 for Students with valid ID \$10 additional fee for walk-ins No shows will be billed

Special Notice

This program has been approved for 1.0 recertification credit hour toward PHR and SPHR recertification through the Human Resource Certification Institute (HRCI). For more information about certification or re-certification. please visit the HRCI homepage at www.hrci.org

JSAHR is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP or SHRM-SCP.

This meeting sponsored by:



Are Rising Healthcare Costs Making You Sick?

- Are you faced with ever increasing costs of health insurance?
- Have health risk assessments or biometric screenings proven to be effective within your organizations in an effort to improve the health of your employee population?
- Have you noticed discernible decreases in manageable diseases, ER visits, or in-patient hospital stays as a result of your existing wellness programs?

Join us on June 11, 2015 when Karen Smith – USI's Director of Population Health Management – discusses a progressive approach to the healthcare cost issues including the evolution of wellness programs.

This presentation touches on national health trends, how these trends are affecting businesses, and what can be done about it. Based on extensive data, Karen will show you how to create and sustain a culture of health in your organization, and how you can deliver bottom line savings to your benefit programs sooner than you would have anticipated.

Learning Objectives

Upon completion of this presentation, participants will be able to:

- Understanding the key drivers of healthcare costs.
- Use data to make informed cost management decisions.
- Explain the new model of employee wellness and why it works.

About the Speaker

Karen Smith is the Director of Population Health Management for USI Northeast. Karen possesses more than 8 years of experience in worksite health promotion and population risk management. She works with the USI team to assist clients in the creation of sustainable workforce wellness solutions that address the modifiable health care costs and trends impacting an organization's bottom line. Karen brings more than 20 years experience in marketing communications, project and vendor management and sales support.

